



## NIAND Business Meeting February 16, 2021



Meeting	February 16, 2021
Time	5:45 PM Networking and Business Meeting 6:00-7:30 PM- Presentation and Q&A
Place	Presentation via Zoom
Attendance	<ul style="list-style-type: none"> <li>✓ Erika Oltmanns, 2020-2021 President</li> <li>✓ Erin Burke, 2020-2021 President-Elect</li> <li>✓ Rachel Bagne, 2020-2021 Incoming President-Elect</li> <li>✓ Sara Mattillion, 2020-2022 Treasurer</li> <li>✓ Janelle Stein, 2019-2021 Secretary</li> <li>✓ Kayla Schimetz, 2020-2021 Chair, Nominating Committee</li> <li>✓ Sadie Pierce-Mulligan, 2020-2021 Nominating Committee Member</li> </ul> Vacant, 2020-2021 Nominating Committee Member
Total Attendance	12

**Welcome & call to order:** 5:45 p.m.

### Secretary report

- Sara Mattillion moved and Kayla Schimetz seconded the motion to approve Minutes from November. Motion passed due to lack of additions or corrections.

### Treasurer report

- \$5,119.22 in checking, 19 active members, 5 students, \$192.50 in Dr. King Scholarship Fund and \$202.50 Northern Illinois Food Bank Fund for donations. No additions or corrections made.
- Sara Mattillion moved and Erin Burke seconded the motion to use funds from our budget to increase these donations to \$500 each. Due to lack of opposition, motion passed.

### Old Business

- Meetings schedule:
  - March 23—Abbott is hosting two web based presentations: *Measuring Muscle, Strength and Physical Performance in Aging Adults* (and journal article to be read in advance) and *Improving Patient Outcomes: New Insights & Evidence on the Importance of Muscle and Targeted Nutrition* for anticipated 2 CEU. RSVP to Erin by 3/16/21.
  - April—tentatively planned Yoga presentation on using yoga in eating disorders and trauma. More information to come.
  - May Banquet—do we want to meet in person if possible? Brewery or food/alcohol pairing topic. More information to come.
- Planning/Scheduling volunteer opportunities:
  - We did not do a winter food drive or other fundraiser.
- Outreach:
  - Facebook—we will aim to post recipes/nutrition tips on our NIAND page for NNM. This year's theme is *Personalize Your Plate*.



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### New Business

- Ballot
  - Email Kayla if you want to volunteer for a Board position. A Google Survey will be sent out to paid members for voting 2/21-2/28.
  
- IDA is May 3-7 and will be held virtually.

### Other announcements

Erika is due with Baby Two in mid-April.

**Job Opportunities:** Please email our secretary with information on open positions.

MercyHealth is looking for a full time outpatient RDN.

Swedish American is looking for a full time outpatient RDN. Contact Erin Burke for more information.

**Adjourned:** 6:00 p.m.

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**Presentation:** *Health at Every Size* by Malak Saddy, RD (anticipated 1.5 CEU)

**Introduction of speaker-** Erin Burke

### Attendance (based on screen names)

Erika Oltmanns  
Erin Burke  
Rachel Bagne  
Sara Mattillion  
Janelle Stein  
Kayla Schimetz  
Sadie Pierce-Mulligan  
Judy Buechner  
Kelly Furr  
Tara O'Connell  
Rajni Sud  
Shirley Poole